

## MEDICINES FROM THE EARTH HERB SYMPOSIUM

May 17 – 19, 2024 at Blue Ridge Assembly  
Attendance Record for Naturopathic Physicians

Please circle your rating for each session attended, figure your total hours at the end and return your completed continuing education form to the registration table before leaving the conference.

*Credit is not given to NDs for the Friday Field Study or Herb/Plant Walks*

Name as you would like it to appear on certificate: \_\_\_\_\_

Email address to send certificate to: \_\_\_\_\_

<b>Friday, May 17, 2024</b>				General Hours	Pharm Hours	Total Hours
10 AM – 3 PM	Ethnobotanical and Native Plant Field Study with David Winston, RH (AHG)					
	<b>No credit for NDs</b>			<b>Rating: 5 4 3 2 1</b>		
1 PM – 5:15 PM	Pre-symposium Intensive: Optimizing Physical Performance and Recovery with Botanicals with Donald Yance					
	4 General			<b>Rating: 5 4 3 2 1</b>		
8 PM – 9:30 PM	Keynote Address: Inspired by Herbs: The Herbal Journey of a Modern Day Herbalist					
	1.5 general			<b>Rating: 5 4 3 2 1</b>		

<b>Saturday, May 18, 2024</b>						General Hours	Pharm Hours	Total Hours
9 AM – 10:30 AM	The Dementia Epidemic: Evolution, Causes and the Role of Botanical Medicine Jason Miller, DACM, LAc	Lobelia: A Classic Respiratory Herb Matures into the Modern Era Jillian Stansbury, ND	Appalachian Herbal Tonics Rebecca Beyer	Herb Walk Doug and Todd Elliott				
	1 General + 0.5 Pharm	1 General + 0.5 Pharm	1.5 General	<b>No credit for NDs</b>				
	<b>5 4 3 2 1</b>	<b>5 4 3 2 1</b>	<b>5 4 3 2 1</b>	<b>5 4 3 2 1</b>				
11 AM – 12:30 PM	Nerve Injury and Repair: From Bell's Palsy and Sciatica to Epilepsy and Trauma Kenneth Proefrock, NMD	Thyroid Health: Zeroing in on Two Common Thyroid Conditions Mary Bove, ND	Little Known Medicines of the Southern Forests and Fields David Winston, RH (AHG)	Plant Walk: Establishing Plant Relations Kat Maier, RH (AHG)				
	1 General + 0.5 Pharm	0.5 General + 1 Pharm	1.5 General	<b>No credit for NDs</b>				
	<b>5 4 3 2 1</b>	<b>5 4 3 2 1</b>	<b>5 4 3 2 1</b>	<b>5 4 3 2 1</b>				
2 PM – 3:30 PM	Assessing and Managing the Complicated Case, Pt 1: Stress and Chronic Infection Jason Miller, DACM, LAc	African American Herbalism: A Practical Class on Healing Plants and Folk Traditions Lucretia VanDyke, Herbalist	Foraged Foods as Medicine: From Garden Weeds to Table (Demonstration) Teresa Boardwine, RH (AHG)	Plant Walk with a Clinical Focus 7Song				
	1 General + 0.5 Pharm	1.5 General	1.5 General	<b>No credit for NDs</b>				
	<b>5 4 3 2 1</b>	<b>5 4 3 2 1</b>	<b>5 4 3 2 1</b>	<b>5 4 3 2 1</b>				
4 PM – 5:30 PM	Panel Discussion: Hypercholesterolemia: Comparing Efficacy and Side Effects of Pharmaceuticals and Botanicals with Jason Miller, DACM, LAc, Jillian Stansbury, ND and Donald Yance, CN, RH (AHG)							
	0.5 General + 1 Pharm				<b>5 4 3 2 1</b>			

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<b>Sunday, May 19, 2024</b>					<b>General Hours</b>	<b>Pharm Hours</b>	<b>Total Hours</b>
9 AM – 10:30 AM	Parasites: The Devil Inside Kenneth Proefrock, NMD  0.5 General + 1 Pharm  <b>5 4 3 2 1</b>	It Hurts to Move: Herbal and CAM Treatment of Back Pain and Fibromyalgia David Winston, RH (AHG)  1 General + 0.5 Pharm  <b>5 4 3 2 1</b>	Tree Medicine: Sentient Beings and Allies for Life Teresa Boardwine, RH (AHG)  1.5 General  <b>5 4 3 2 1</b>	Herb Walk Doug and Todd Elliott  <b>No credit for NDs</b>  <b>5 4 3 2 1</b>			
11 AM – 12:30 PM	Assessing and Managing the Complicated Case, Pt 2: Environmental Toxins and Nutrient Deficiency Jason Miller, DACM, LAc  0.5 General + 1 Pharm  <b>5 4 3 2 1</b>	Botanical Analogs for At-Risk Medicinals Kat Maier, RH (AHG)  1.5 General  <b>5 4 3 2 1</b>	Wild Fruits of the Fields and Forests (Demonstration) Vickie Shufer  1.5 General  <b>5 4 3 2 1</b>	Plant Walk with a Botanical Focus 7Song  <b>No credit for NDs</b>  <b>5 4 3 2 1</b>			
2 PM – 3:30 PM	Botanicals that Provide most of the Chemotherapeutic Drugs in Cancer Care Donnie Yance, CN, RH (AHG)  1.5 Pharm  <b>5 4 3 2 1</b>	Glutamine/Glutamate Dysfunction and Common Neurological Conditions Jillian Stansbury, ND  1.5 General  <b>5 4 3 2 1</b>	Herbal Skin Care Preparations (Demonstration) Lucretia VanDyke, Herbalist  1.5 General  <b>5 4 3 2 1</b>	Outdoor Plant Walk: Food as Medicine Marc Williams  <b>No credit for NDs</b>  <b>5 4 3 2 1</b>			
4 PM – 5:30 PM	Panel Discussion: The Challenges of Climate Change in Clinical Practice Kenneth Proefrock, NMD, Kat Maier, RH (AHG) and Lucretia VanDyke, Herbalist 1.5 General  <b>5 4 3 2 1</b>						
Online	Post-symposium Intensive: Natural Treatment of Prostate Conditions: Blending Western Herbal Practice, Traditional Chinese Medicine, and Pharmacy with Eric Yarnell, ND, RH (AHG) 2 General + 2 Pharm  <b>5 4 3 2 1</b>						

<b>TOTALS</b>	
GENERAL HOURS	
PHARMACY HOURS	

**Comments, Feedback and Suggestions for Future Topics:**

*Certificates will be emailed within 14 days*