

# MEDICINES FROM THE EARTH HERB SYMPOSIUM

May 17 – 29, 2024

Blue Ridge Assembly in Black Mountain, NC


## Participant Attendance Verification Form

In each session below, initial the course you attend. To verify your attendance, **return this form to the CEU table before departing**. The *NCCAOM Certificate of Participation* will be **emailed** to you after the conference.

**NAME:** \_\_\_\_\_

	Presentation	PDA Pts	NCCAOM Category	Initial Attended
<b>Friday, May 17 – Pre-Conference Events and Keynote Address</b>				
10:00 AM – 3:00 PM	<i>Ethnobotanical and Native Plant Field Study</i> , David Winston, RH (AHG)	5	PE-CW	
1:00 PM – 5:15 PM	<i>Pre-symposium Intensive: Optimizing Physical Performance and Recovery with Botanicals</i> , Donald Yance, CN, RH (AHG)	4	PE-CW	
8:00 PM – 9:30 PM	<i>Keynote Address: Inspired by Herbs: The Herbal Journey of a Modern Day Herbalist</i> , Mary Bove, ND	1.5	PE-CW	
	Presentation	PDA Pts	NCCAOM Category	Initial Attended
<b>Saturday, May 18 – Concurrent sessions; attendees can attend 1 lecture per timeslot</b>				
9:00 AM – 10:30 AM	<i>The Dementia Epidemic: Evolution, Causes and the Role of Botanical Medicine</i> , Jason Miller, DACM, LAc	1.5	PE-CW	
	<i>Lobelia: A Classic Respiratory Herb Matures into the Modern Era</i> , Jillian Stansbury, ND	1.5	AOM-BIO	
	<i>Appalachian Herbal Tonics</i> , Rebecca Beyer, Herbalist	1.5	PE-CW	
	<i>Herb Walk</i> , Doug and Todd Elliott	1.5	PE-CW	
11:00 AM – 12:30 PM	<i>Nerve Injury and Repair: From Bell's Palsy and Sciatica to Epilepsy and Trauma</i> , Kenneth Proefrock, NMD	1.5	PE-CW	
	<i>Thyroid Health: Zeroing in on Two Common Thyroid Conditions</i> , Mary Bove, ND	1.5	PE-CW	

	<i>Little Known Medicines of the Southern Forests and Fields</i> , David Winston, RH (AHG)	1.5	PE-CW	
	<i>Plant Walk: Establishing Plant Relations</i> , Kat Maier, RH (AHG)	1.5	PE-CW	
2:00 PM – 3:30 PM	<i>Assessing and Managing the Complicated Case, Pt 1: Stress and Chronic Infection</i> , Jason Miller, DACM, LAc	1.5	PE-CW	
	<i>African American Herbalism: A Practical Class on Healing Plants and Folk Traditions</i> , Lucretia VanDyke, Herbalist	1.5	PE-CW	
	<i>Foraged Foods as Medicine: From Garden Weeds to Table (Demonstration)</i> , Teresa Boardwine, RH (AHG)	1.5	PE-CW	
	<i>Plant Walk with a Clinical Focus</i> , 7Song	1.5	PE-CW	
4:00 PM – 5:30 PM	<i>Panel Discussion: Hypercholesterolemia: Comparing Efficacy and Side Effects of Pharmaceuticals and Botanicals</i> , Jason Miller, DACM, LAc, Jillian Stansbury, ND, and Donald Yance, CN, RH (AHG)	1.5	PE-CW	
	<b>Presentation</b>	<b>PDA Pts</b>	<b>NCCAOM Category</b>	<b>Initial Attended</b>
	<b>Sunday, May 19 – Concurrent sessions; attendees can attend 1 lecture per timeslot</b>			
9:00 AM – 10:30 AM	<i>Parasites: The Devil Inside</i> , Kenneth Proefrock, NMD	1.5	PE-CW	
	<i>It Hurts to Move: Herbal and CAM Treatment of Back Pain and Fibromyalgia</i> , David Winston, RH (AHG)	1.5	AOM-BIO	
	<i>Tree Medicine: Sentient Beings and Allies for Life</i> , Teresa Boardwine, RH (AHG)	1.5	PE-CW	
	<i>Herb Walk</i> , Doug Elliott and Todd Elliott, PhD	1.5	PE-CW	
11:00 AM – 12:30 PM	<i>Assessing and Managing the Complicated Case, Pt 2: Environmental Toxins and Nutrient Deficiency</i> , Jason Miller, DACM, LAc	1.5	PE-CW	
	<i>Botanical Analogs for At-Risk Medicinals</i> , Kat Maier, RH (AHG)	1.5	PE-CW	
	<i>Wild Fruits of the Fields and Forests (Demonstration)</i> , Vickie Shufer, MA	1.5	PE-CW	
	<i>Plant Walk with a Botanical Focus</i> , 7Song	1.5	PE-CW	
2:00 PM – 3:30 PM	<i>Botanicals that Provide Most of the Chemotherapeutic Drugs in Cancer Care</i> , Donald Yance, CN, RH (AHG)	1.5	PE-CW	
	<i>Glutamine/Glutamate Dysfunction and Common Neurological Conditions</i> , Jillian Stansbury, ND	1.5	PE-CW	

	<i>Herbal Skin Care Preparations (Demonstration)</i> , Lucretia VanDyke, Herbalist	1.5	PE-CW	
	<i>Outdoor Walk: Food as Medicine</i> , Marc Williams, MA	1.5	PE-CW	
4:00 PM – 5:30 PM	<i>Panel Discussion: The Challenges of Climate Change in Clinical Practice</i> , Kenneth Proefrock, NMD, Kat Maier, RH (AHG) and Lucretia VanDyke, Herbalist	1.5	PE-CW	
<b>NAME:</b>		<b>E-Mail Address:</b>		
<p><b>NCCAOM PDA Provider # 014</b></p> 		NCCAOM PDAs AOM-BIO		
		NCCAOM PDAs PE-CW		
		<b>TOTAL NCCAOM PDAs Awarded</b>		

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**Comments, Feedback and Suggestions for Future Topics:**

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